07922 184984 **JONATHAN MOORE** Jonathanmoore0708@gmail.com

**PROFILE**

* Second year Sport, Health, and Exercise Sciences student at Brunel University London, aiming to graduate with at least a 2:1
* Interest in injury recovery as an athlete, planning on undertaking an MSc Physiotherapy upon graduation
* Knowledge of Biomechanics, Anatomy, and Physiology acquired through lectures and lab sessions
* Teamwork experience not only through team sports but also group projects at university
* Working in hospitality have led to skills in customer service and attention to detail
* Native English Speaker, fluent in French and high level in Spanish
* Patience and persistence acquired through years of dedication to learning to play the guitar and piano
* Strong independence acquired during a 3-month travel to Australia during a gap year in 2018
* Awarded the ‘Sports Excellence Prize’ at high school graduation in July 2017 for outstanding athletic performance and great spirit in the sports domain

**EDUCATION**

**BSc (Hons) Sport, Health, and Exercise Sciences Brunel University London 2018 – 2022**

Relevant modules:

Synoptic Study II; Biomechanics; Anatomy; Applied Sport Physiology; Research and Learning Skills II; Managing Change and Creativity in Organisations; Marketing Communications

**European Baccalaureate European School of Strasbourg 2009 – 2017**

75% Overall

Main subjects include: Biology (85.8%); L3 Spanish (90.9%); Latin (84.3%)

**RELEVANT EXPERIENCE**

**Biomechanics Lab Experiments Brunel University Oct’19 – Dec’19**

* Understood the principles of Gait analysis using force platforms
* Introduction to measuring Torque

**Research Assistant Brunel University Feb’20 – Mar’20**

* Acquired an understanding of how to conduct research for a major project
* Calibrating data collection tools and cleaning catheter and other equipment after experiments
* Analysing gastric and oesophageal pressures collected from participants

**Physiology Lab Experiments Brunel University Sep’18 – Present**

* Various experiments to assess the effects of exercise, heat, and dehydration on the body

**WORK EXPERIENCE**

**Customer Service Assistant Natural History Museum Ice Rink Oct’19 – Jan’20**

* Worked under pressure at one of London’s busiest ice rinks
* Learned to deal with unhappy customers
* Developed teamwork skills

**Waiter/Host Off to Work London Oct’19 – Present**

* Practiced maintaining high energy levels and remaining calm under pressure
* Learned to remain coordinated and communicate with a team of 10+ people
* Attention to detail and presentation

**Racetrack Supervisor Kart’Indoor Chrono Aug’19**

* Learned to explain company rules quickly and effectively to customers
* Attention to detail and alertness to potential danger
* Gained a basic knowledge of how to maintain a kart

**Food Delivery Boy (bicycle) Foodora France, Deliveroo France Dec’17 – July’18**

* Developed injury-prevention skills in order to continue working
* Learned to persevere through difficult weather conditions

**Retail Assistant Maison Alsacienne de Biscuiterie Nov’17 – Jan’18**

* Learned to attract customers and maximise sales
* Developed communication skills with customers and with the team of staff
* Gained an extensive knowledge of biscuits and French baking

**VOLUNTARY EXPERIENCE**

**Maths Tutor CoachBright Feb’19 – Apr’19**

* Learned to assist a student in GCSE-level Maths
* Gained valuable listening skills

**POSITIONS OF RESPONSIBILITY**

**Vice Chairman Brunel Volleyball Club Aug’19 – Jul’20**

* Strong leadership skills
* Delegating tasks fairly
* Communicating relevant information to club members

**Swimming Team Captain European School of Strasbourg Oct’16 – Mar’17**

* Recruitment for an interschool tournament in Brussels
* Strong leadership and communication skills
* Reporting progress during time trials

**Interpretation Team Council of Europe, Strasbourg Mar’17**

* Interpreterin European Council simulation, with 3 different languages to translate
* Experienced language interpretation in a diplomatic event context
* Became familiar with diplomatic translation equipment

**Interests**

* Competed in a multitude of team sports has made me hardworking, persistent, and cooperative
* Developed musical skills in guitar and piano which have improved my patience and self-discipline