**Jade Marie Millar**

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I have an enthusiastic approach to my workload, making sure all tasks are completed to a professional standard. Whilst managing to meet targets and deadlines. I can adapt to my surroundings and learn new skills quickly. I am a punctual person, never late as it puts others out.

I am a friendly and articulate person, with strong communication skills. This allows me to interact and build relationships with people of all backgrounds. Whether they be a work colleague, patient, student or customer.

My ability and desire to work well within a team would be a positive gain for any workplace. I work exceptionally well within a team; however, I do still enjoy working individually and meeting my own targets. I believe good communication is essential to any successful team and I will always try my best to achieve in this.

I can use my initiative and quick thinking, to allow me to adapt and resolve unexpected problems that may occur. On a day to day basis, this skill will support me to complete simple tasks that I may not be confident in.

I would like to think I am ambitious and have my own personal goals that I am working towards. These include eventually owning my own business and travelling the world. I take pride in educating myself on subjects I am interested in.

In my own time, I enjoy meditating and learning about the depts of my own mind and body. I tend to get creative and explore new flavours and recipes suited to vegetarians. As well as making my own vegan deserts.